



To all our practice patients and visitors  
We're aware of the lifting of the remaining COVID-19 restrictions from 19<sup>th</sup> July 2021

But we still need to act cautiously to stop the spread of the virus. The delta variant is more transmissible, and people visiting this practice may be contagious without knowing it.

Many people are still not yet fully vaccinated, so cutting virus transmission is still important. Health premises are a higher risk environment and we need to maintain some control measures to keep everyone safe.

So we are asking everyone visiting our practice to:

- **Wear a face mask, unless you're exempt**
- **Maintain social distancing**
- **Use hand gel or wash your hands**